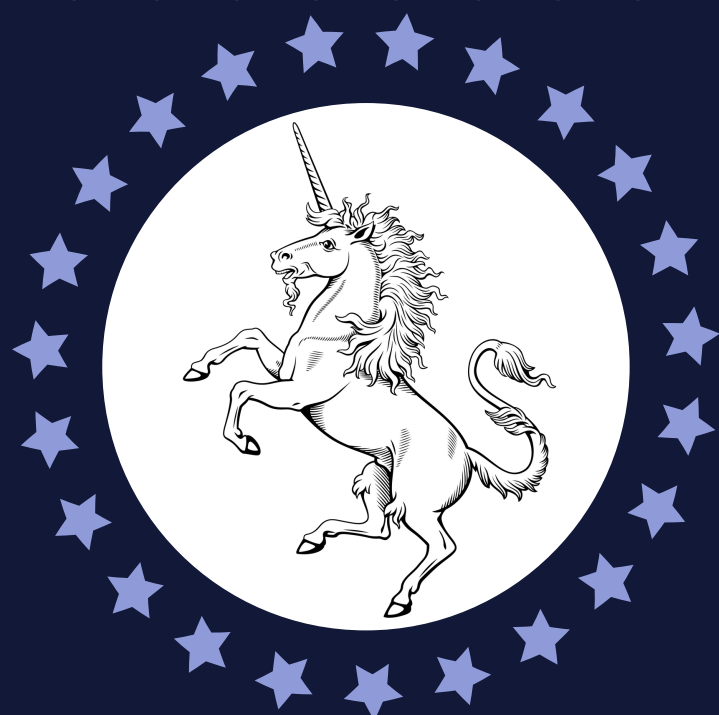


CANNABIS MYTHS



MYTH

VS

FACT

5

Cannabis can help with my PTSD

Cannabis is not recommended for treating PTSD due to a lack of evidence and known adverse side effects.



6

Cannabis can help me focus; I can't concentrate without it.

Cannabis use generally worsens ADHD symptoms, with limited self-reported studies suggesting otherwise.



7

Cannabis can't cause psychosis

Higher cannabis use frequency was associated with a greater likelihood of experiencing hallucinations and delusional thoughts. Even low-frequency use showed increased psychotic experiences.



8

Cannabis doesn't have withdrawal symptoms

Cannabis withdrawal often starts with sleep issues, irritability, and reduced appetite. Symptoms peak early, with possible tremors and chills, while anxiety and depression may worsen after the first week.

